

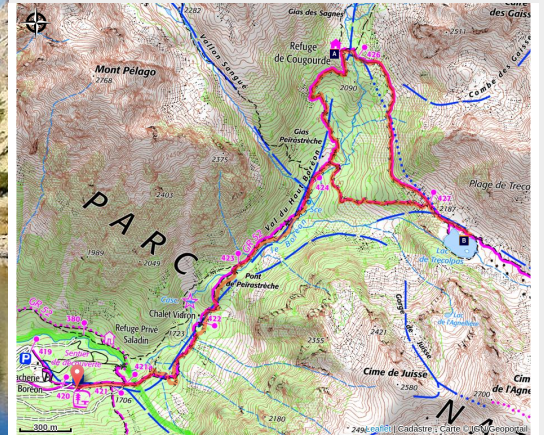


Lac de Trécolpas

Vallée haute Vésubie - Saint-Martin-Vésubie



Reflets dans les eaux lisses du lac de Trécolpas. En arrière plan, au centre, la Cime du Pelago (2768 m). (Franck GUIGO)



This essential itinerary in the Vésubie valley takes place alongside the Boréon mountain stream, in the refreshing shade of a larch forest and leads you to the peaceful Lac de Trécolpas.

After a pleasant walk through the forest, get ready to be surprised when you discover this lake with its very characterful islet, which has previously been hidden by a glacial rock bar.

Useful information

Practice : Hiking

Duration : 4 h

Length : 9.0 km

Trek ascent : 577 m

Difficulty : Medium

Type : Loop

Themes : Fauna, Geology, Lake

Trek

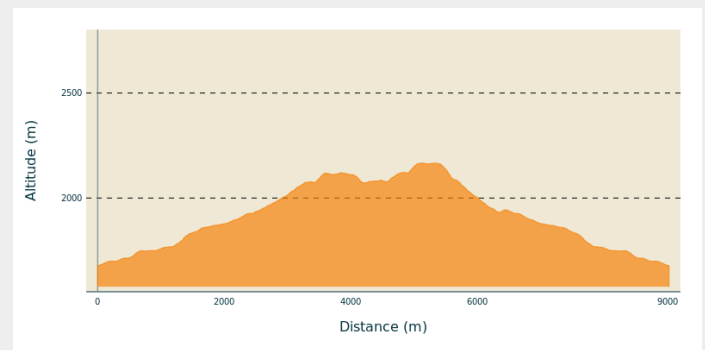
Departure : Upper carpark at Le Boréon, marker 420

Arrival : Upper carpark at Le Boréon, marker 420

Markings :  GR  PR

Cities : 1. Saint-Martin-Vésubie

Altimetric profile



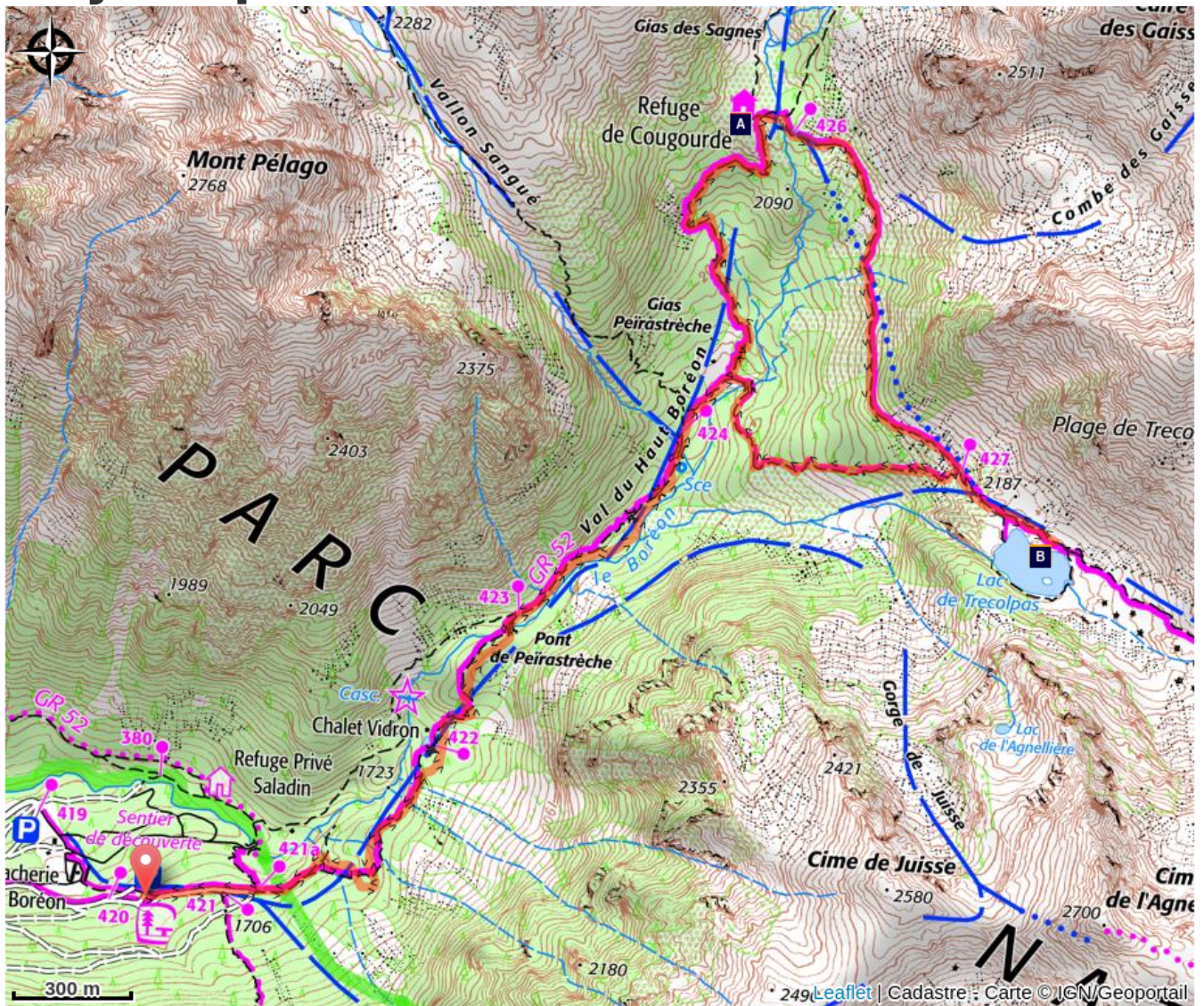
Min elevation 1678 m Max elevation 2166 m

From the carpark, take the forest track which heads to the refuge at La Cougourde. At marker 421, continue along the path towards La Cougourde, passing close to the chalet Vidron (marker 422).

Cross the Peïrastrèche Bridge. At marker 425, turn left until you reach the refuge at La Cougourde. From there, turn right onto the path which leads to Lac de Trécolpas (marker 426).

Cross a final rock bar (marker 427) before arriving at Lac de Trécolpas. Head back down GR52 to get back to the upper carpark at Boréon.

On your path...



 La Cougourde refuge (A)

 Mountain climbing in the Mercantour (B)

All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

How to come ?

Transports

Access to La Madone de Fenestre : Randobus and minibus.

Information available from Saint-Martin-Vésubie Tourism Office.

Access

From Saint-Martin-Vésubie, go to Boréon (D2565 then D89). Once you have gone past the lake, turn right onto the D189 towards the Boréon cow barns. Go past the first carpark and park a little further along at the upper carpark.

Advised parking

Boréon, upper carpark

Information desks

Maison du Parc national du Mercantour - Saint-Martin-Vésubie

8, Avenue Kellermann - Villa Les Iris,
06450 Saint-Martin-Vésubie

vesubie@mercantour-parcnational.fr

Tel : 04 93 03 23 15

<http://www.mercantour-parcnational.fr>

Office de Tourisme Métropolitain - Bureau d'information de Valdeblore - La Colmiane

La Colmiane, 06420 Valdeblore

info.valdeblore@lacolmiane@nicecotedazur.com

Tel : 04 93 23 25 90

<https://www.explorenicecotedazur.com/>

On your path...



La Cougourde refuge (A)

Club Alpin Français

Warden: June – September: Manuel Putelat

September – June: Charly Barcelo: 06 18 54 02 43

Reservations by telephone or e-mail:
refugelacougourde@ffcam.fr

Refuge landline: 09 78 23 31 59

Website: <http://refugelacougourde.ffcam.fr/>

Useful numbers:

St-Martin-Vésubie Tourism Office: 04 93 03 21 28

Park House: 04 93 03 23 15

Attribution : CAF / DR



Mountain climbing in the Mercantour (B)

At the start of the 20th century, for the first mountain climbers, the Mercantour was a taste of adventure. Little by little, the summits of the chain were conquered, initially via the normal routes and then, with the arrival of modern mountain climbing, along the most difficult routes. From Victor de Cessole to Patrick Bérhault, the greatest names have been involved in climbing in the Mercantour. Today, whether they are snowy, icy or rocky, the reputation of certain routes is well established.

Attribution : GUIGO Franck