



# The Viol di Tàit

Parco Naturale Alpi Marittime - Valdieri



La casa a Tetti Bartola con tetto in paglia di segale (Roberto Pockaj)



*A short circular excursion that illustrates the history of the inhabitants of these parts. The route passes through two hamlets outside Sant'Anna, both inhabited until midway through the last century, in which the Parks Service has reconstructed two buildings.*

Old terraced fields reclaimed by the woods, a stunning lookout point directly above Sant'Anna and the typical architecture of the outlying settlements on display at Tetti Bartola and Tetti Bariiau, with roofs in rye straw, are the high points of this itinerary.

## Useful information

Practice : Hiking

Duration : 1 h 30

Length : 3.5 km

Trek ascent : 315 m

Difficulty : Easy

Type : Loop

Themes : Archeology and history, Architecture

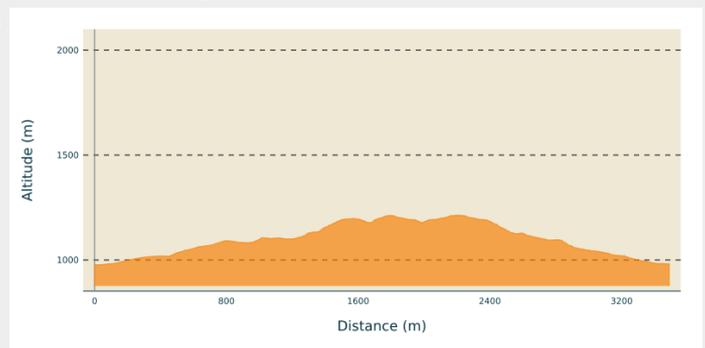
# Trek

**Departure** : Sant'Anna di Valdieri (969 m)

**Arrival** : Sant'Anna di Valdieri (969 m)

**Cities** : 1. Valdieri

## Altimetric profile



Min elevation 976 m Max elevation 1213 m

From the Rye Museum in Sant'Anna di Valdieri (969 m), a road descends to meet, on the left, an uphill stretch that leads to the cemetery (the sign for the Viol is only visible to those coming from downvalley). Near the cemetery, on the left, there is a signpost indicating the start of the route. After a few meters there is a fork: follow the trail on the right. The path leads along a mule track in dense deciduous woods and a wooden footbridge spans a brook before continuing the climb into the Vallone della Sauma, flanked by the ruins of the old terraced fields.

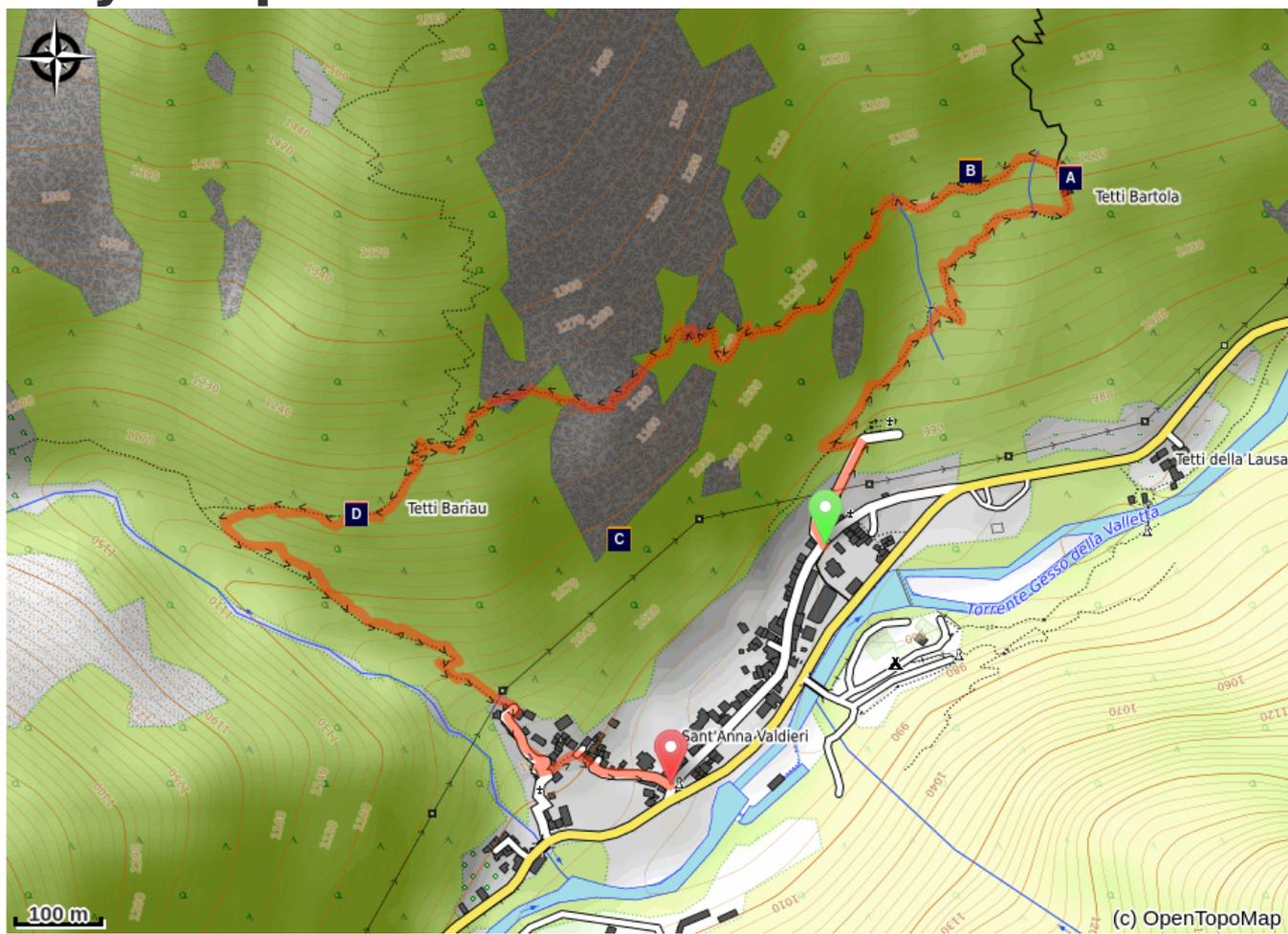
A midslope tract and a short, steep climb lead to Tetti Bartòla (Tàit Bartòla, 1103 m, 25 minutes from Sant'Anna), where there is a reconstructed house with a characteristic rye straw roof.

The trail leads above the hamlet, as far as the community oven, where it turns left. After passing a house there is a slight descent and then a wooden bridge over the torrent of the Vallone della Sauma.

There follows a midslope tract and several tight switchbacks leading up to a rocky outcropping known as "lo Gorgàs" (with a stunning view of Sant'Anna).

Another short uphill tract precedes a descent with some steep hairpin turns, down to Tetti Bariou (Tàit Bariou, 1160 m, 35 minutes from Tetti Bartòla), where there is another house reconstructed by the Parks Service. The path continues downward beyond the cluster of houses until it crosses the muleteers' track that winds up the Vallone della Meris. The route follows the track to the left, descending with a fairly steep slope on a stony path until it reaches Sant'Anna. When the paved road forks among the houses, take the left branch, which leads to the old Post Office, just above the Museum(969 m, 25 minutes from Tetti Bariou).

# On your path...



-  Tetti Bariau and Tetti Bartola (A)
-  Lo Viol di Tàit (C)

-  Building a straw roof (B)
-  The place names "Gorgas" and "Bariau" (D)

# All useful information

## **Is in the midst of the park**

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

## **How to come ?**

### Transports

Nuova Benese service company  
Regular line Cuneo, Valdieri, Entracque  
Tel: 00 39 (0) 171 69 29 29  
[www.benese.it](http://www.benese.it)

SNCF TER Provence Alpes-Côte d'Azur line  
For your travels in the PACA region and to Cuneo  
[www.ter-sncf.com/pac](http://www.ter-sncf.com/pac)

Trenitalia to travel in the Piedmont region  
<https://www.trenitalia.com/it.html>

### Access

From Borgo San Dalmazzo, proceed up the Valle Gesso. After passing Valdieri, continue on towards Terme until you reach Sant'Anna.

# On your path...

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## Tetti Bariau and Tetti Bartola (A)

Tetti Bariau, whose inhabitants abandoned it definitively in the late '70s, had a population of some thirty souls at the start of the 1900s. The hamlet of Tetti Bartola was far more populous at the start of the last century, boasting nearly sixty inhabitants, the last of whom left in 1960.

Attribution : Roberto Pockaj

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## Building a straw roof (B)

A roof in rye straw was made by overlaying successive bundles of straw, generally in parallel to the line of the gutters. The initial step consisted of covering the edges with bundles affixed to the wooden frame of the roof. The subsequent bundles of straw were placed in rows, from left to right, with the tops of the stalks facing upward. Lengths of walnut - or chestnut, if available - were then laid across the rows and another layer fastened to them.

Attribution : Roberto Pockaj

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## Lo Viol di Tàit (C)

The Viol di Tàit (The trail of the hamlets) is named for Mauro Rabbia, a park ranger from Sant'Anna di Valdieri who was swept away by an avalanche in 2010. To Mauro, a dedicated student and promoter of the local culture and traditions, we are also indebted for the idea of the Rye Festival.

Attribution : Archivio EAM

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## The place names "Gorgas" and "Bariau" (D)

the curious place name, "lo Gorgàs", refers to the presence of a small pool of water in a cavity of the rock. Tetti Bariau, instead, almost certainly owes its name to its position at the foot of a steep rocky slope: "bariao" means narrow passage or only passage in the language of Oc.

Attribution : Laura Martinelli