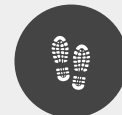


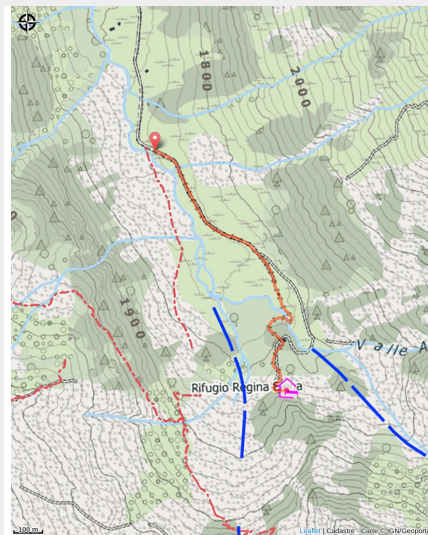


The Regina Elena Refuge

Parco Naturale Alpi Marittime - Valdieri



Fili d'erba ghiacciati nei pressi del Rifugio Regina Elena (Roberto Pockaj)



Short walk from Pian della Casa del Re to the Regina Elena Refuge. Can be extended for those who prefer not to drive up the unpaved access road to Pian della Casa and instead leave their car in the parking lot at Gias delle Mosche.

The trail follows the twists and turns of the torrent that flows through the Pian della Casa plateau.

Useful information

Practice : Hiking

Duration : 24 min

Length : 2.6 km

Trek ascent : 121 m

Difficulty : Easy

Type : Round trip

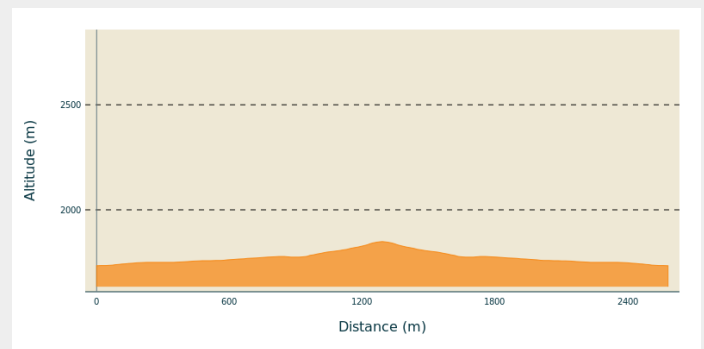
Trek

Departure : Pian della Casa (1735 m)

Arrival : Regina Elena Refuge (1833 m)

Cities : 1. Valdieri

Altimetric profile

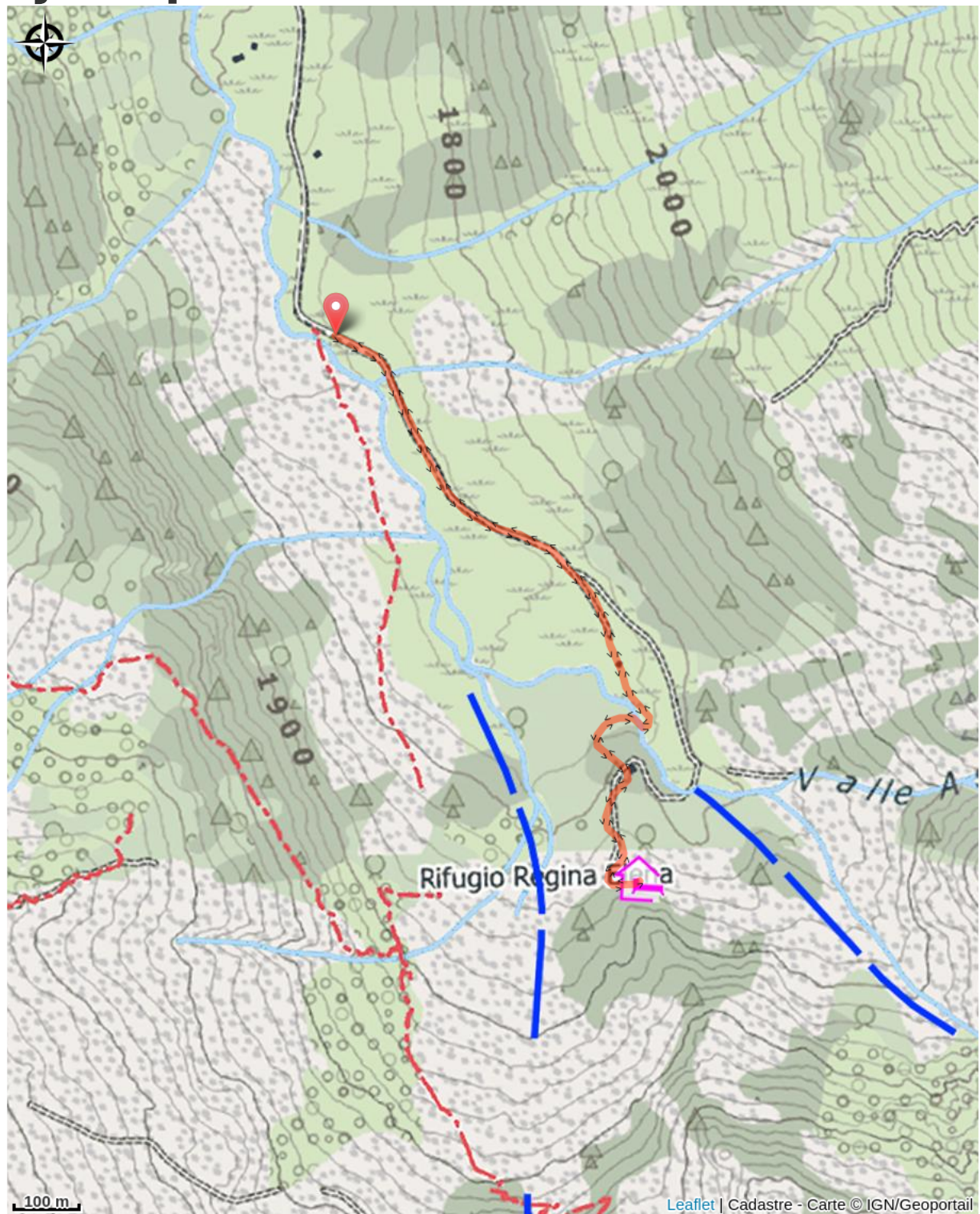


Min elevation 1734 m Max elevation 1849 m

Starting from Pian della Casa (1735 m), the route leads along an ex military road, passing by the turnoff for the Remondino Refuge on the left. When the road ends (there is a bar blocking vehicles beyond that point), the road becomes a wide, grassy mule track; after a few dozen meters, the route leaves the mule track, turning off to the right on the trail that leads to the Regina Elena Refuge.

The trail winds along the various branches of the Gesso della Valletta torrent, crossing over two of them on wooden footbridges before veering slightly westward and then turning abruptly to the south. Passing by a trail on the left, the route surmounts a modest ridge, among rocks and the occasional larch, and then joins a flat narrow trail. Following this to the left, in a few meters the route terminates at the Regina Elena Refuge (1833 m, 25 minutes from Pian della Casa).

On your path...



All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

How to come ?

Access

Drive up the Valle Gesso from Borgo San Dalmazzo. After passing Valdieri, continue on to Terme. Without entering the town, drive uphill on the left side of the Vallone della Valletta until the road ends (it is unpaved in its final tract) near Pian della Casa.