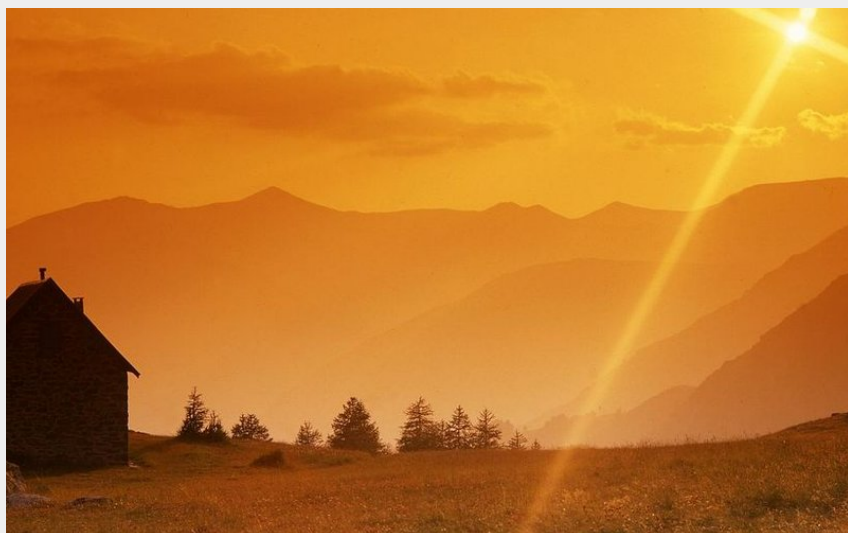


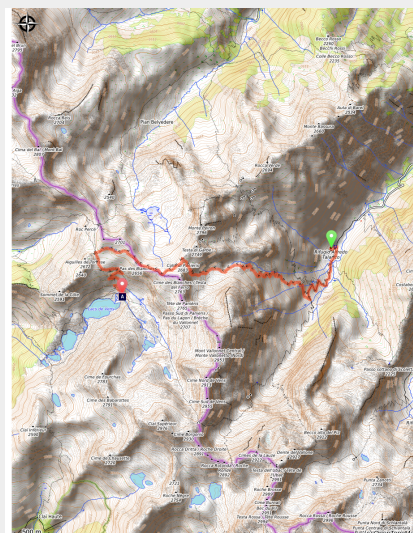


# Mercantour - Alpes Maritimes - Around Mont Ténibre - Stage 1

Vallée haute Tinée - Pietraporzio



Randonnée Tinée. Coucher de soleil près de la cabane de Tortisse. (Philippe Pierini - PNM)



## Useful information

Practice : Hiking

Duration : 5 h

Length : 8.0 km

Trek ascent : 999 m

Difficulty : Hard

Type : Walking breaks

# Trek

**Departure** : Talarico refuge

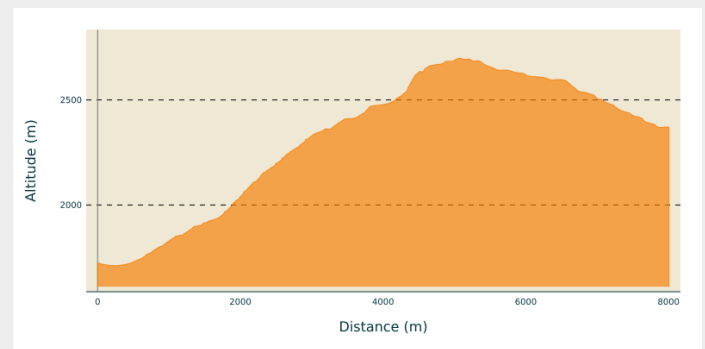
**Arrival** : Vens refuge

**Cities** : 1. Pietraporzio

2. Argentera

3. Saint-Étienne-de-Tinée

## Altimetric profile

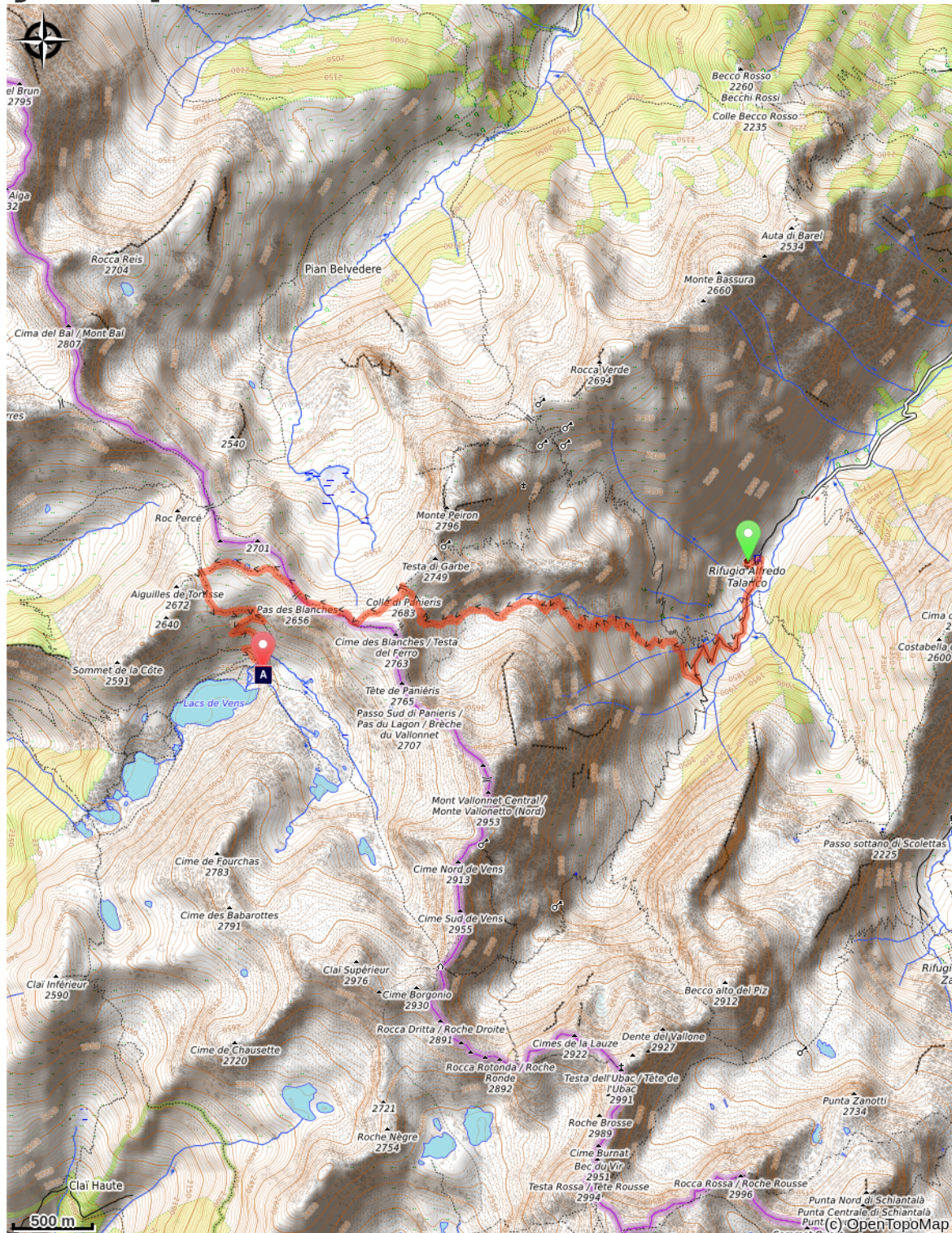


Min elevation 1711 m Max elevation 2699 m

From the refuge, first of all head up the upper valley of Pontebernardo after the campsite before taking a right fork and following the track which goes to the pastures of the Stau valley. Leave the track shortly afterwards, turning left onto the stony path and hairpin bends of Collet de Panieris. At the signpost for the col, head west and go over the Pas des Blanches (2655m), heading downhill on the French side of the Collet de Tortisse (2591m) and its characteristic arch marker 35a. The descent to the Vens refuge takes place along the path which overlooks the lakes markers 24 and 25.



# On your path...



Lac de Vens and refuge (A)

# All useful information

## **Is in the midst of the park**

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

# On your path...

---



## Lac de Vens and refuge (A)

The Vens refuge only has a warden during the summer months. In winter, only one room is open to allow hikers to shelter. The Vens refuge overlooks a series of lakes of the same name. These lakes are of glacial origin, they are the result of a long erosion process by glaciers. The lake below the refuge (the biggest) is 31 metres deep. Ibex, chamois, mouflons and golden eagles can often be seen at the site. Very close to the refuge, you can see the endemic plant which was for a long time the symbol of the Mercantour National Park: *Saxifraga florulenta*.

Club Alpin Français: Capacity: 45 in summer and 30 in winter (no warden)

Reservations only by e-mail in summer: <http://refugedevenus.ffcam.fr/reservation.html>

No shower, meal included

Attribution : CAF / DR