

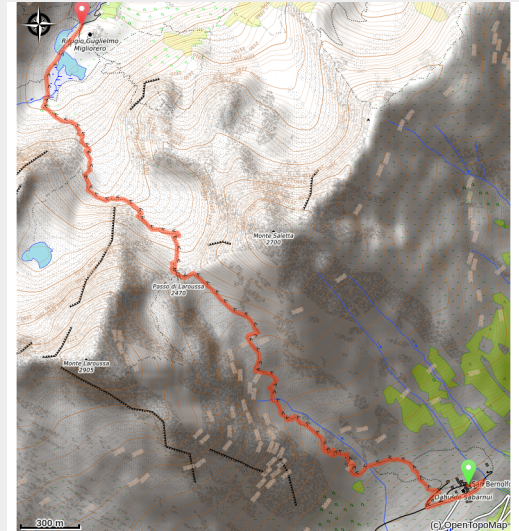


Mercantour - Alpes Maritimes - Around Mont Ténibre - Stage 4

Vinadio



Randonnée en Stura au Refuge Migliorero (Refuge Migliorero)



Useful information

Practice : Hiking

Duration : 5 h

Length : 5.2 km

Trek ascent : 831 m

Difficulty : Medium

Type : Walking breaks

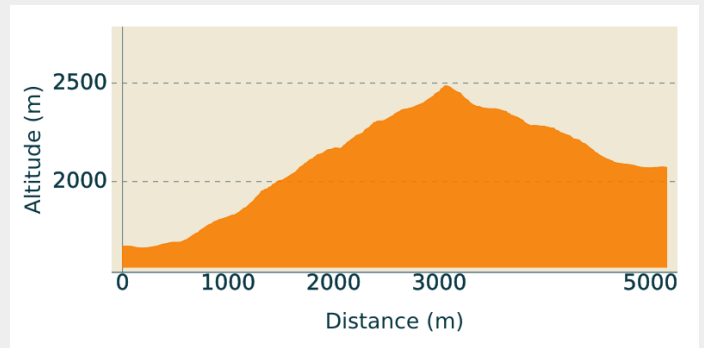
Trek

Departure : San Bernolfo refuge

Arrival : Migliorero refuge

Cities : 1. Vinadio

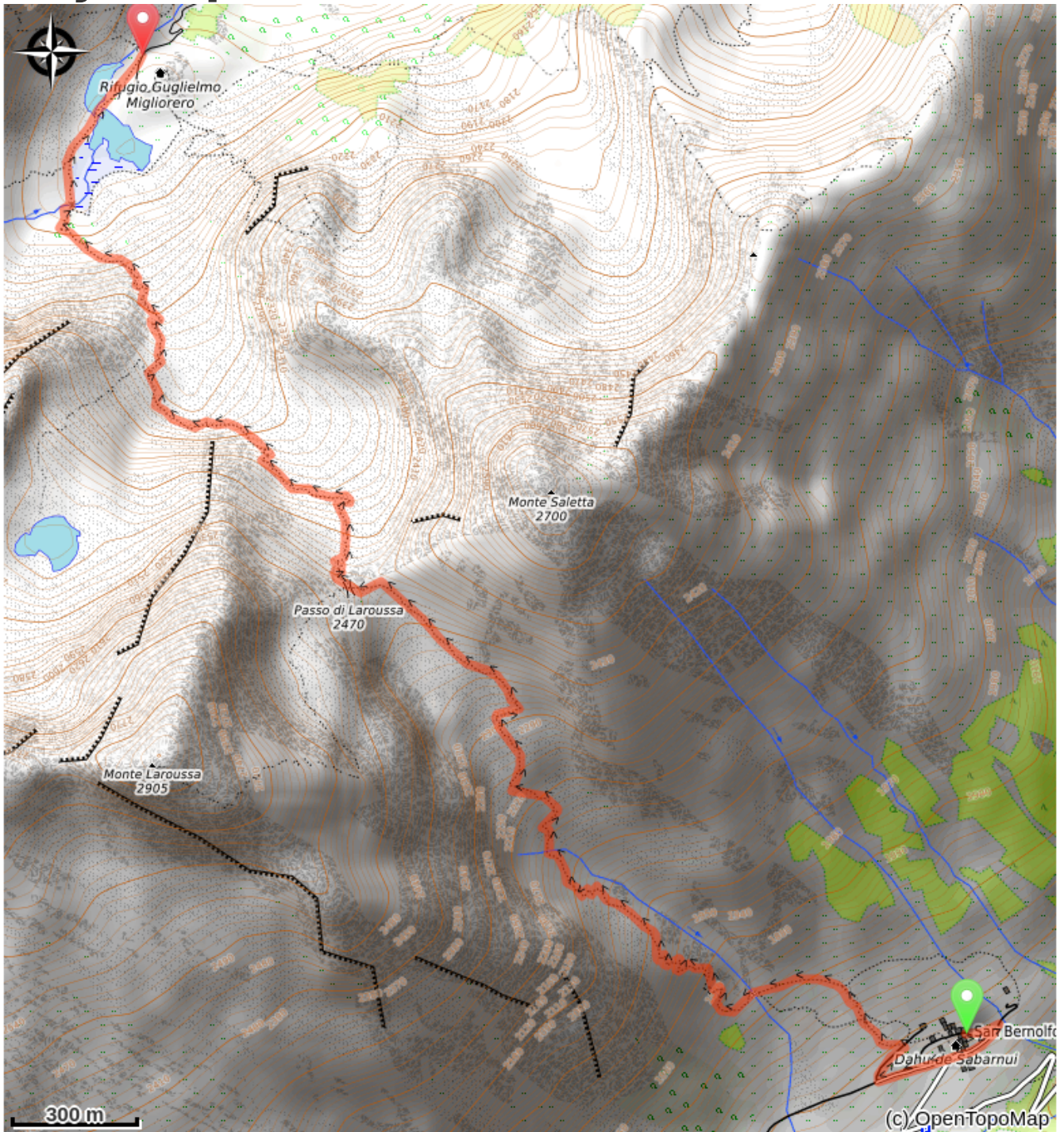
Altimetric profile



Min elevation 1663 m Max elevation 2486 m

From the refuge, first of all head up past the San-Bernolfo hamlet (1700m), head up the left side of the Cormorant valley and then soon after turn right into the path which head up the southern slope leading to Passo di Laroussa (2453m). From the Passo, head down the upper dell'Alpette valley and the path soon reaches the lower dell'Ischiator lake (2069m). Via an uphill section, you will then shortly arrive at the CAI Migliorero refuge (2094m) which is perched on a promontory.

On your path...



All useful information