

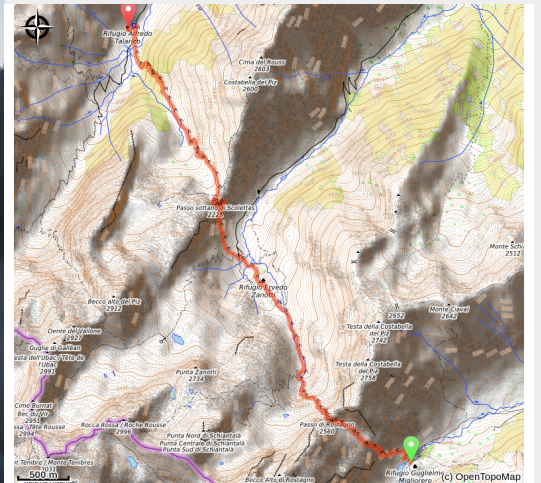


Mercantour - Alpes Maritimes - Around Mont Ténibre - Stage 5

Vinadio



Randonnée en Stura. Refuge Migliorero vu de haut (Refuge Migliorero)



Useful information

Practice : Hiking

Duration : 5 h

Length : 8.4 km

Trek ascent : 720 m

Difficulty : Hard

Type : Walking breaks

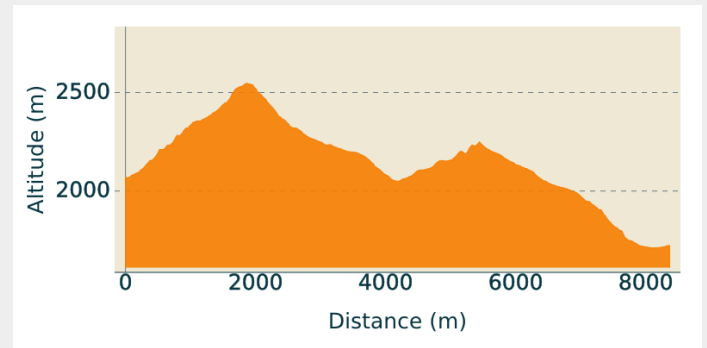
Trek

Departure : Migliorero refuge

Arrival : Talarico refuge

Cities : 1. Vinadio
2. Pietraporzio

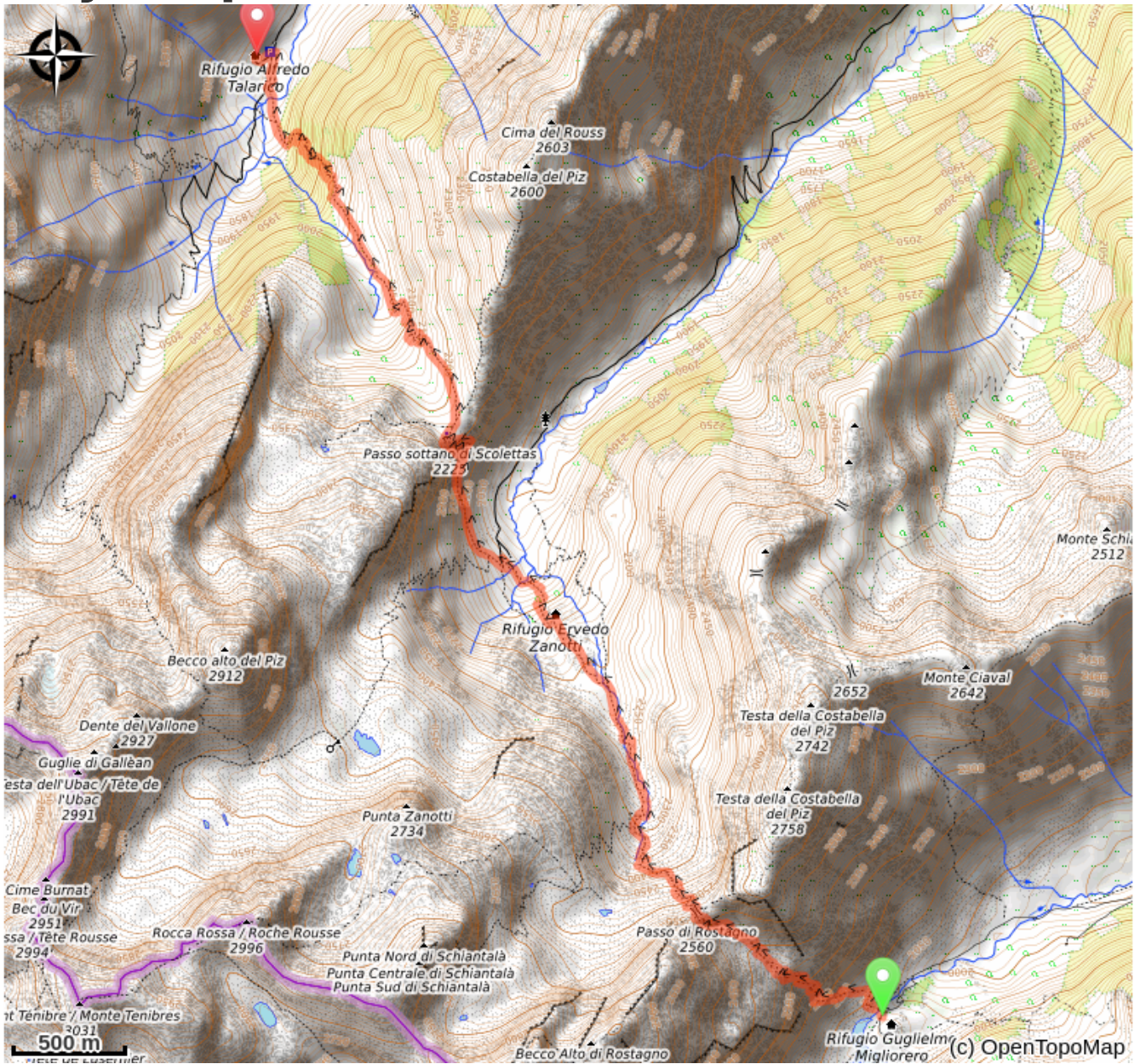
Altimetric profile



Min elevation 1711 m Max elevation 2547 m

From the refuge, head own to Ischiator lake and go up (north-west) the hairpin bends which run up the south slope of Passo di Rostagno (2536m); go back downhill on the northern slope descender, reaching the Zanotti refuge (2200m), the Gias del Piz (2042m). A wide military track (tunnel) leads pleasantly to Passo Sottano delle Scolettas (2223m); go back downhill (north) along a good-quality path through Alpine pastures then down a steep wooded hillside to reach the place known as Prati del Vallone, the former military barracks where the CAI Talarico refuge is (1700m).

On your path...



All useful information