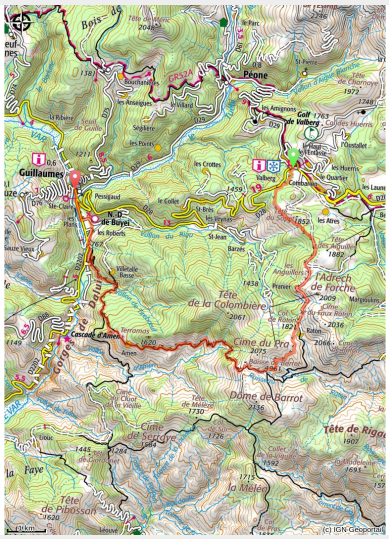
The hike of colours - Le Cians and Daluis circuit - Stage 1

Vallées haut-Var&Cians - Guillaumes



Randonnées Valberg. Cascade d'Amen dans la clue du même nom. Blocs de pélites rouges entassés par les crues. (Philippe Richaud - PNM)

Useful information

Practice : Hiking

Duration : 6 h

Length : 21.4 km

Trek ascent : 600 m

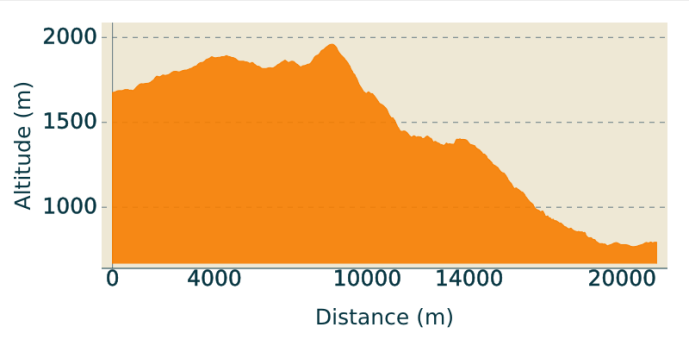
Difficulty : Medium

Type : Walking breaks

Trek

Departure : Valberg
Arrival : Guillaumes
Cities : 1. Guillaumes
2. Péone
3. Beuil

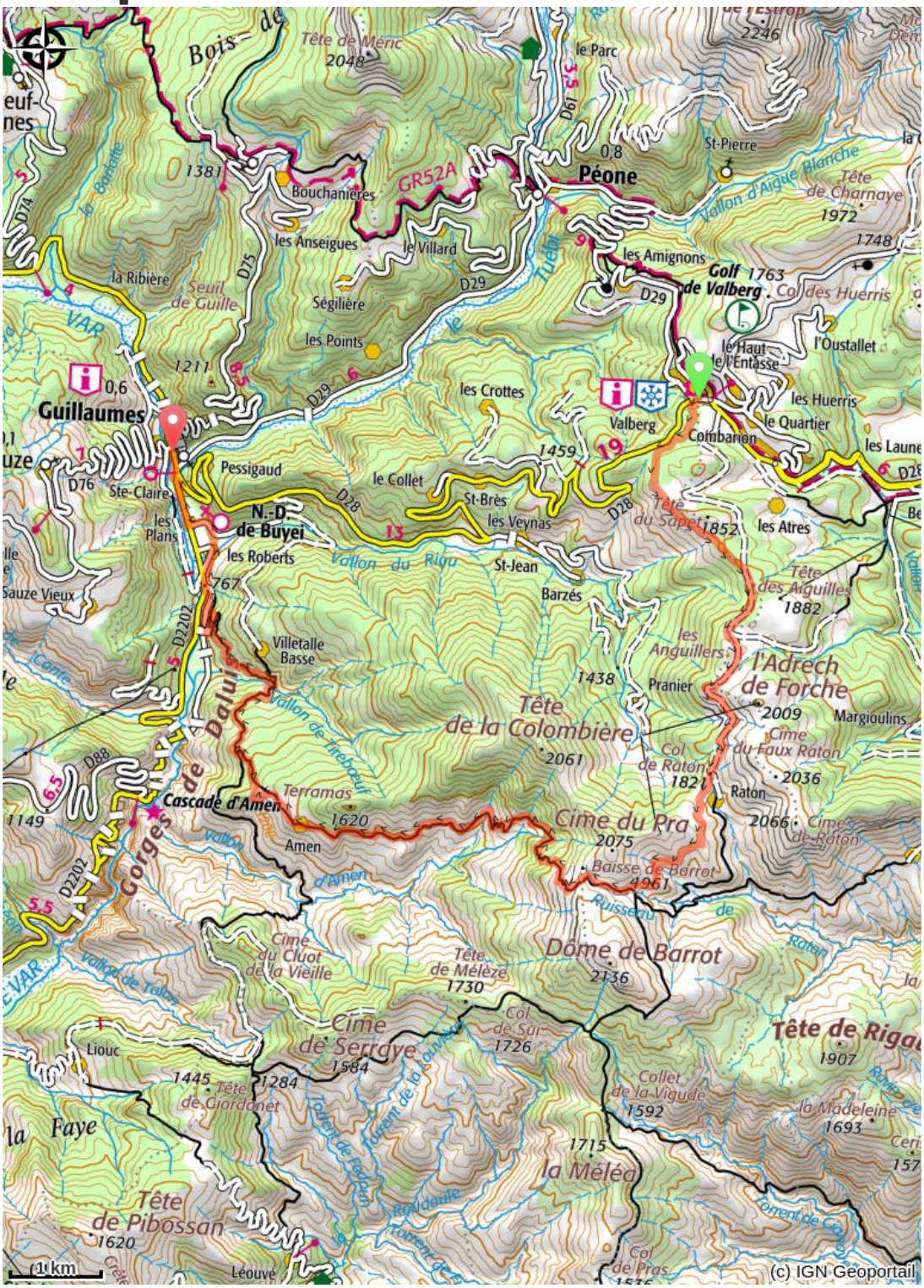
Altimetric profile



Min elevation 768 m Max elevation 1960 m

From the square in Valberg, reach the snow front (1680m marker. 9), the departure point of the planetary path. A wooden path leads to the sun then successively Mercury, Venus, Earth and Mars. Go past marker 10 and continue through the woods until the Lac du Sénateur where a wooden platform with binoculars will allow you to pick out the former observatories of Mont Mounier and Cime de l'Aspre (1748m marker 11). From Col Mary, continue along the rock face with several other stops along the way on the theme of stars, and you will reach the chalet/shelter of Ste-Marie, which is devoted to constellations. Continue along the track and just after marker 22, turn right onto the path which leads to the place called Les Anguillers (marker 24) and then Col du Raton (marker 126). A last climb along the path allows you to reach La Baisse du Barrot (marker 130 altitude 1961m), which signals the start of a long descent to the village of Guillaumes. The path descends rapidly, reaching the abandoned mining village of Amen (1353m marker 114). Cross the ruins of the village through the scrubland to reach marker 113. Head down towards the valley on the path on the left until you reach the next crossroads (marker 112). The path, which now passes along the rock face and still has the yellow rectangular markers, goes across the Tireboeuf valley via a stone bridge. There is a final descent to reach the track(CD16) (marker 111) and the D2202 roads at Pont des Roberts. Cross the road and the carpark, then continue along the track to the right (marker 13) towards Guillaumes.

On your path...



Bois-de
Tête de Méric
2048
le Parc
2246
St-Pierre
Péone
0,8
GR52A
Bouchanières
1381
les Anseigues
le Villard
Vallon d'Aigue Blanche
Tête de Charnaye
1972
1748
les Amignons
Golf de Valberg
1763
Col des Huerris
la Ribière
Seuil de Guille
Ségilière
les Points
D29
D75
D74
VAR
1211
0,6
Guillaumes
les Crottes
le Haut de l'Entasse
l'Oustallet
les Huerris
le Quartier
Valberg
Combarion
les Launes
1459
Pessigaud
le Collet
St-Brès
les Veynas
Ste-Claire
les Plans
N.-D. de Buyei
les Roberts
Vallon du Riou
St-Jean
Barzés
Tête du Sapet
1852
les Atres
Tête des Aiguilles
1882
Sauze Vieux
D76
D28
D2202
Villetalle Basse
les Anguillers
l'Adrech de Forche
2009
Margioulins
1438
Pranier
Tête de la Colombière
2061
Cime du Faux Raton
2036
Col de Raton
1821
Raton
Gorges de Daluis
Cascade d'Amen
Terramas
1620
Amen
Cime du Pra
2075
2066
Cime de Raton
Baisse de Barrot
4961
Ruisseau de Raton
Cime du Cluot de la Vieille
Tête de Mélèze
1730
Dôme de Barrot
2136
Vallon de Talan
Cime de Serraye
1584
Col de Sui
1726
Tête de Rigau
1907
Lioux
1445
Tête de Giordanet
1284
Collet de la Vigude
1592
la Madeleine
1693
la Faye
1715
la Méléa
Tête de Pibossan
1620
Léouvé
Col de Pras
1 km
(c) IGN Géoportail

All useful information