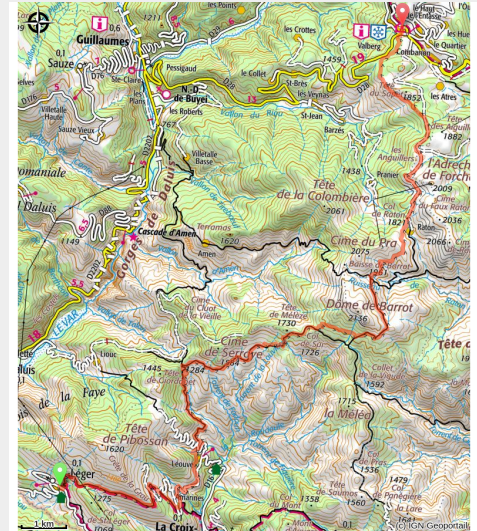




# The hike of colours - Le Cians and Daluis circuit - Stage 3

Vallées haut-Var&Cians - La Croix-sur-Roudoule



Randonnée gorges du Cians. Près du col et de la cime du Raton, non loin des gorges du Cians. (Emmanuel Icardo - PNM)

## Useful information

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Practice : Hiking

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Duration : 8 h 30

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Length : 26.1 km

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Trek ascent : 1554 m

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Difficulty : Hard

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Type : Walking breaks

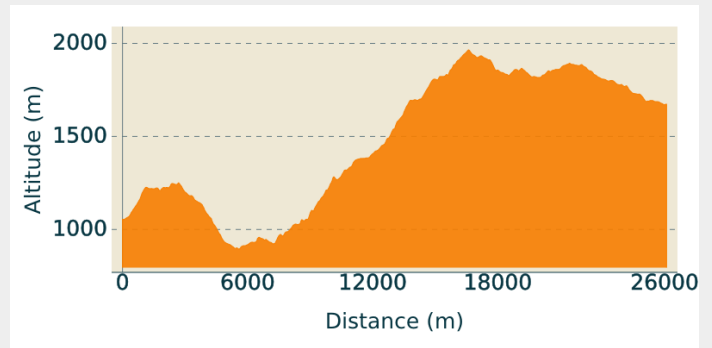
# Trek

**Departure** : Saint-Léger

**Arrival** : Valberg

**Cities** : 1. La Croix-sur-Roudoule  
2. Guillaumes  
3. Beuil  
4. Péone

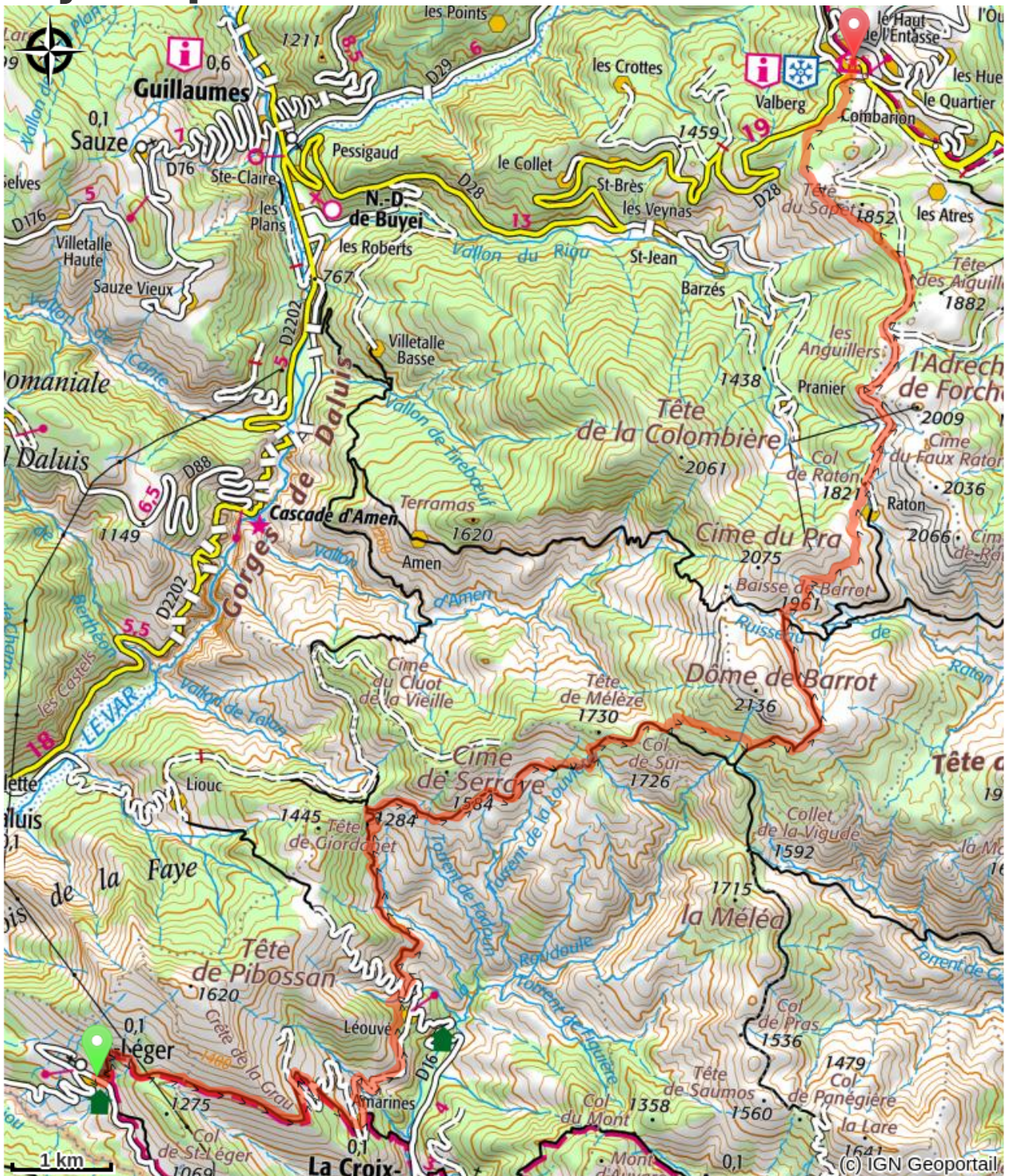
## Altimetric profile



Min elevation 895 m Max elevation 1965 m

Leaving from Saint Léger, take the path with GR51 markers towards La Croix sur Roudoule (marker 242). At the place called Les Amarines, turn left (marker 234) onto the track towards Col de Roua. The itinerary has markers with a yellow line. Pass (marker 240) Col de Roua (1284m marker 250), turn right towards Haute Mihubi (marker 253). Continue straight on until Col de Sui (1726m marker 257). Follow the direction for Dôme des Barrot via markers 256 and 255. Head down to Valberg via Col du Raton (1821m) and continue along the path which heads along the planetary trail which goes past marker 21 and marker 11 before reaching the centre of the station at marker 9.

# On your path...



# All useful information