



Grand Tour of Argentera and Vallée des Merveilles - Stage 3

Vallée haute Vésubie - Saint-Martin-Vésubie



Randonnée Mercantour. La cime du Saint Robert, (2919 m) et le sommet du Gélas, (3143 m). (Guigo Franck - PNM)

Useful information

Practice : Hiking

Duration : 5 h 30

Length : 8.8 km

Trek ascent : 702 m

Difficulty : Hard

Type : Walking breaks

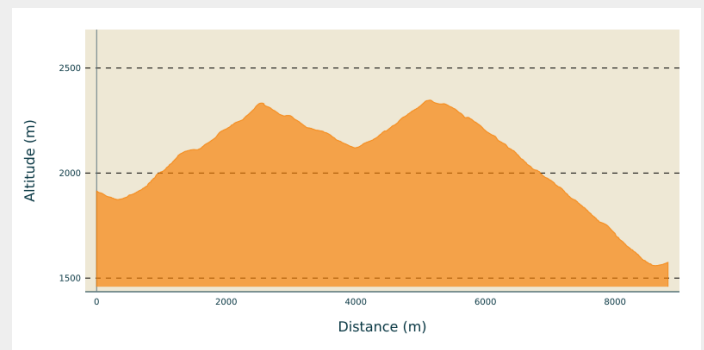
Trek

Departure : Madone de Fenestre refuge

Arrival : Saint-Grat

Cities : 1. Saint-Martin-Vésubie
2. Belvédère

Altimetric profile

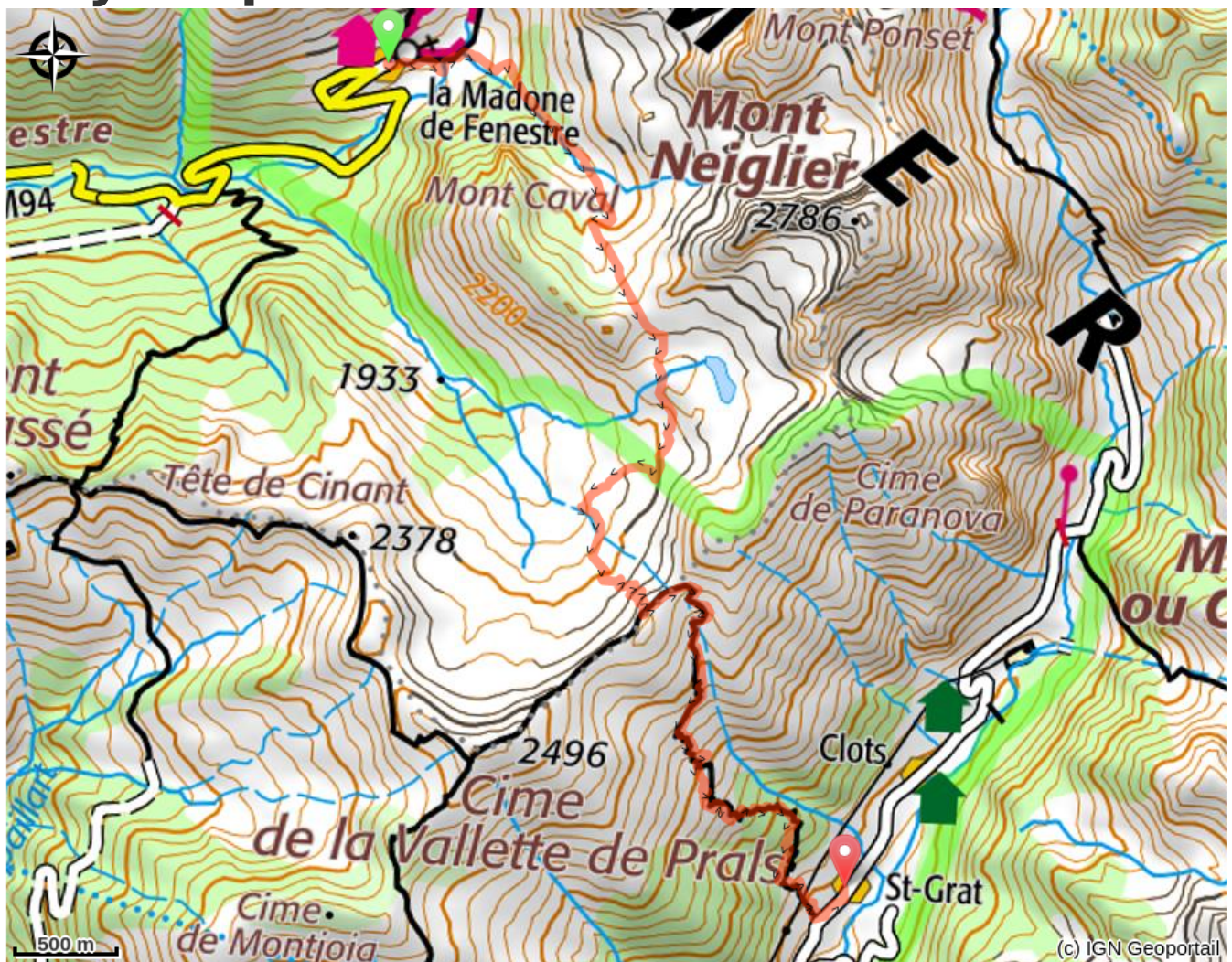


Min elevation 1559 m Max elevation 2347 m

Reach the cow barns at La Madone (m359), cross the mountain stream and, at marker m367, head long the Ponset valley. The path climbs alongside the mountain stream then forks to the right, thereby going around Mont Caval to La Baisse des 5 Lacs (m366). Head down to the Prals lakes and then reach a small col; subsequently head down a slightly rugged path before continuing through the Alpine pastures.

At marker m364 (2149m), a small and quite steep path leads to La Baisse de Prals (m365). Here, take the path to the left which heads down to Saint-Grat.

On your path...



All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.