

Grand Tour of Argentera and Vallée des Merveilles - Stage 4



Vallée haute Vésubie - Belvédère





Randonnée Vallée des Merveilles. Le lac Fourca, (2165 m), dans la vallée des Merveilles, vaste panorama et paysage désertique. (Guy Lombart - PNM)

Useful information

Practice: Hiking

Duration: 5 h 30

Length: 9.1 km

Trek ascent: 969 m

Difficulty: Hard

Type: Walking breaks

Trek

Departure: Saint-Grat

Arrival: Les Merveilles refuge

Cities: 1. Belvédère

2. Tende

Altimetric profile

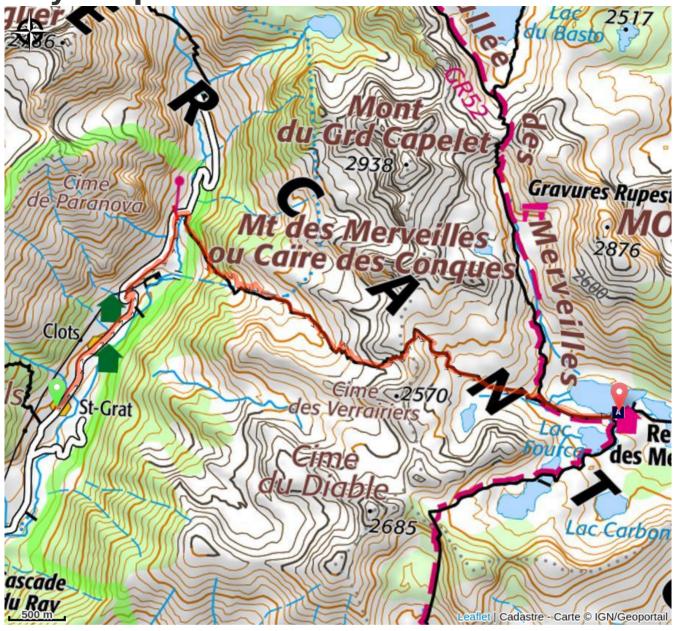


Min elevation 1561 m Max elevation 2510 m

From the hamlet of St Grat, head along the tarmac until you reach the end of the Gordolasque road (Pont du Countet, 1690m – m411). Cross the bridge to reach marker 412. The long climb to Pas de l'Arpette will take around 2 hours 30 minutes and involves climbing some 830m upwards. You will come across the penstock and follow it along the steep Empuonrame valley. At Pas de l'Arpette (2511m – m402) you will be perpendicular to the Les Merveilles refuge.

Here you will be entering a protected and regulated area: please respect the signs you find there and stay on GR52. Along an easy path you will reach the bottom of the Vallée des Merveilles; at m93, continue along the path which heads right to the Les Merveilles refuge.

On your path...



Les Merveilles refuge (A)

All useful information

1 Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

On your path...



⚠ Les Merveilles refuge (A)

Club Alpin Français

Capacity: 75 in refuge - Possibility of eating and having a shower

Warden: 15th June to 15th September: Hugo PUTELAT

(Refuge telephone): 04.93.04.64.64

Winter: October to June (upon reservation): Mouloud CADDUR

refugedesmerveilles@ffcam.fr

The refuge is therefore OPEN for self-catering and with a warden when a reservation is made for 8 people or more, 19 places available for hikers who have covers (2 per person) and pillow.

If you wish to have a warden at the refuge, contact: refugedesmerveilles@ffcam.fr

Useful numbers:

Tende Tourism Office/Park House: 04 93 04 73 71

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