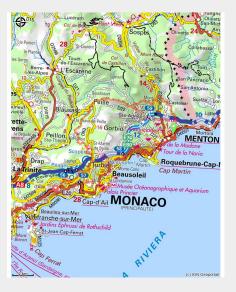


The Azur path - A coastal walk from Menton to Eze



Menton





Randonnée Menton - Eze (CRT Côte d'Azur France - Gaël SIMON)

See a different side of the Côte d'Azur, with medieval villages surrounded by luxurious Mediterranean vegetation.

See a different side of the Côte d'Azur, with medieval villages surrounded by luxurious Mediterranean vegetation. Sainte-Agnès, the highest coastal village in Europ, overlooks the open bay between San-Remo and Roquebrune Cap Martin. La Turbie, famous for the Trophée d'Auguste, Monaco and Eze sur Mer are also on the menu.

Useful information

Practice: Hiking

Duration: 3 days

Length: 36.8 km

Trek ascent: 2418 m

Difficulty: Medium

Type: Walking breaks

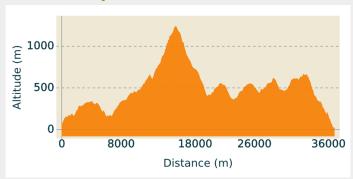
Trek

Departure: Menton **Arrival**: Eze-Bord-de-Mer

Cities : 1. Menton 2. Sainte-Agnès

3. Peille4. Peillon

Altimetric profile

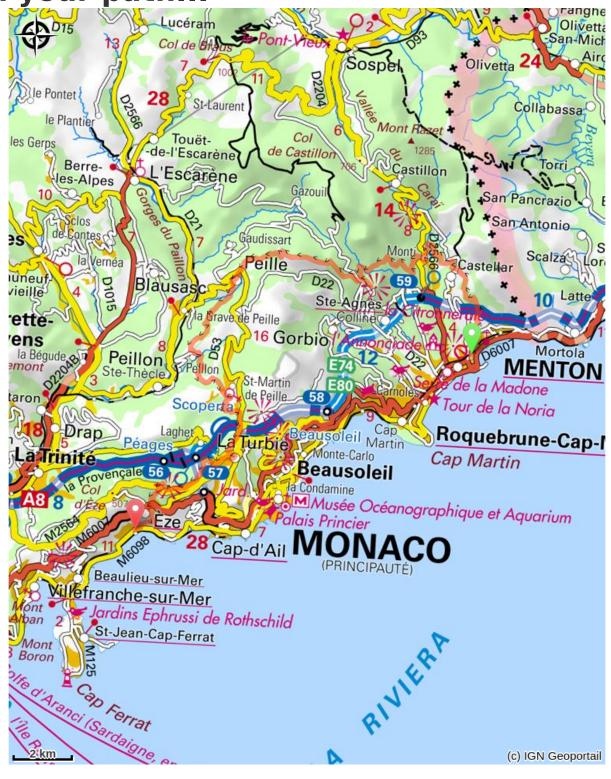


Min elevation 19 m Max elevation 1236 m

Stages:

- 1. The Azur path A coastal walk from Menton to Eze Stage 1 12.1 km / 987 m D+ / 5 h
- 2. The Azur path A coastal walk from Menton to Eze Stage 2 10.7 km / 825 m D+ / 5 h 30
- 3. The Azur path A coastal walk from Menton to Eze Stage 3 14.2 km / 649 m D+ / 5 h 30

On your path...



All useful information



A Advices

Before setting off on any hike, it is advisable to check the weather forecast. You will also need to take account of any exceptional circumstances: the period when heatwaves are likely (July/August) is best avoided.

How to come?

Access

Reach Menton on the A8 or a train to Menton SNCF station.

You can head back to Menton on the train from the station at Eze-Bord-de-Mer.

Advised parking

Pay-and-display carpark in Menton.