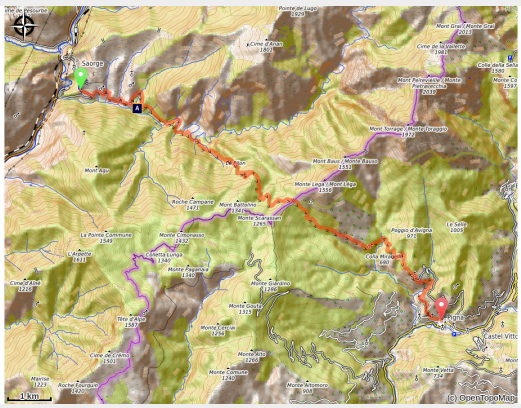
On the Ligurian Alta Via - The Mont Torrage circuit - Stage 1

Vallées Roya&Bevera - Saorge

Randonnée Roya. La Bendola à Saorge, lignes de restanques bien visibles. (Jean-Marie Cevasco - PNM)



Useful information

Practice : Hiking

Duration : 4 h 30

Length : 17.0 km

Trek ascent : 1044 m

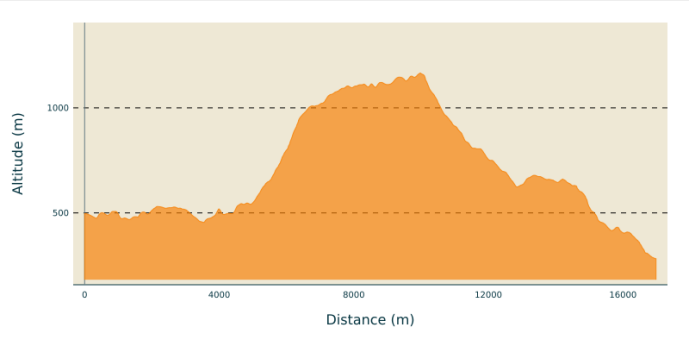
Difficulty : Hard

Type : Walking breaks

Trek

Departure : Saorge
Arrival : Pigna
Cities : 1. Saorge
2. Pigna

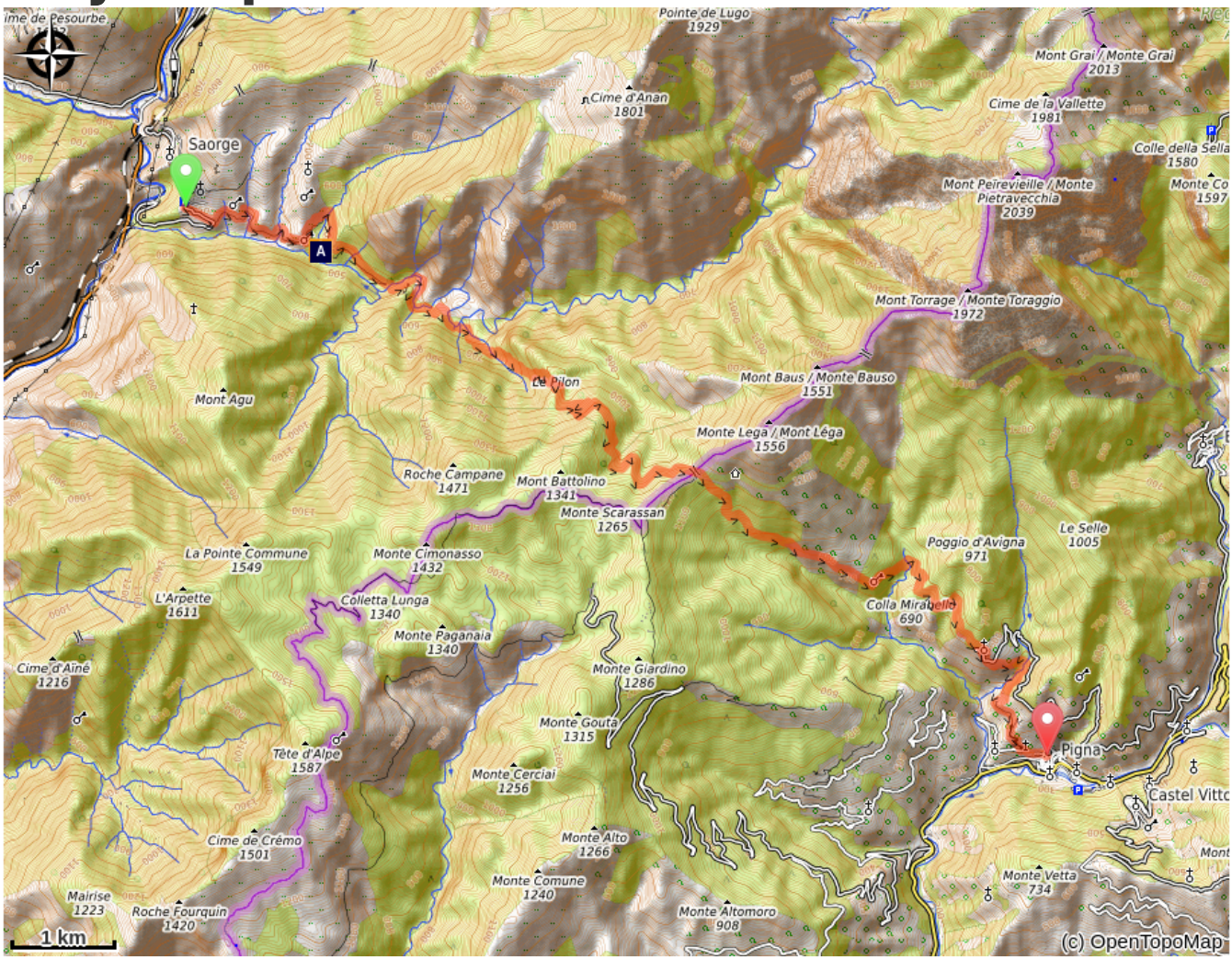
Altimetric profile



Min elevation 282 m Max elevation 1166 m

From the church of La Madonne de Poggio located in the south of the village, take the track (marker 161) which heads up the Bendola valley. After the chapel of Sainte Anne (529m), the track heads downhill and becomes a path (428m). Continue uphill towards the oratory of La Madonina (1005m) (marker 169) and Pas du Muratone (marker 170) (1157m). From the col, follow the downhill path along the other face towards the Bausson bridge. You will find a track which you can follow to La Madone de Passoscio. A few metres after the church, lower down, take the path (not the track) which heads down to Pigna.

On your path...



Chapelle Sainte-Anne (A)

All useful information

On your path...

🕐 Chapelle Sainte-Anne (A)

Nestled among some trees along a promontory, chapelle Sainte-Anne ovrlooks the wild valley of Bendola; every year, a pilgrimage brings several worshippers to the area, as a procession from Saorge to the smalle sanctuary.