

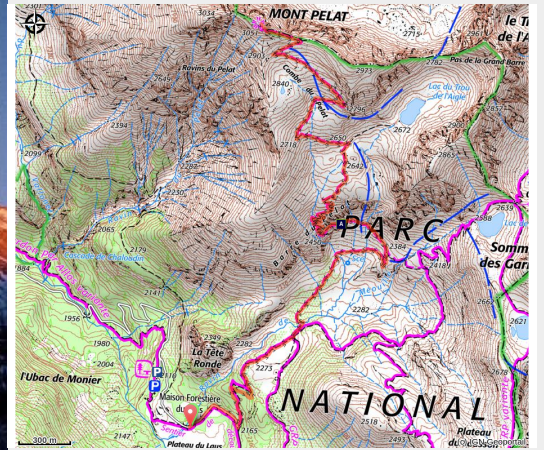


Mont Pelat

Vallée haut Verdon - Allos



Eclairage de coucher de soleil sur le mont Pelat, au printemps (3052 m). (BOUVIER Martial)



Make sure you have good boots for this very challenging hike (950m of climbing); head up the path against a lunar backdrop to reach Mont Pelat, at an altitude of 3050m.

The highest point in terms of altitude of the High Verdon, this itinerary provides an incredible view over the Alps and even Corsica when the weather is clear.

Useful information

Practice : Hiking

Duration : 6 h 30

Length : 12.0 km

Trek ascent : 900 m

Difficulty : Hard

Type : Round trip

Themes : Peak, Viewpoint

Trek

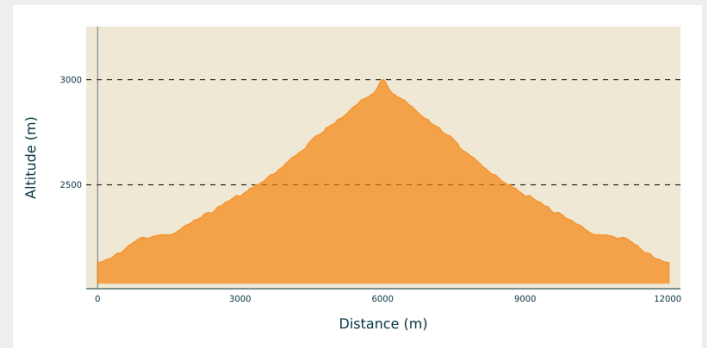
Departure : Plateau du Laus

Arrival : Mont Pelat

Markings : ■ PR

Cities : 1. Allos
2. Uvernet-Fours

Altimetric profile



Min elevation 2129 m Max elevation 3002 m

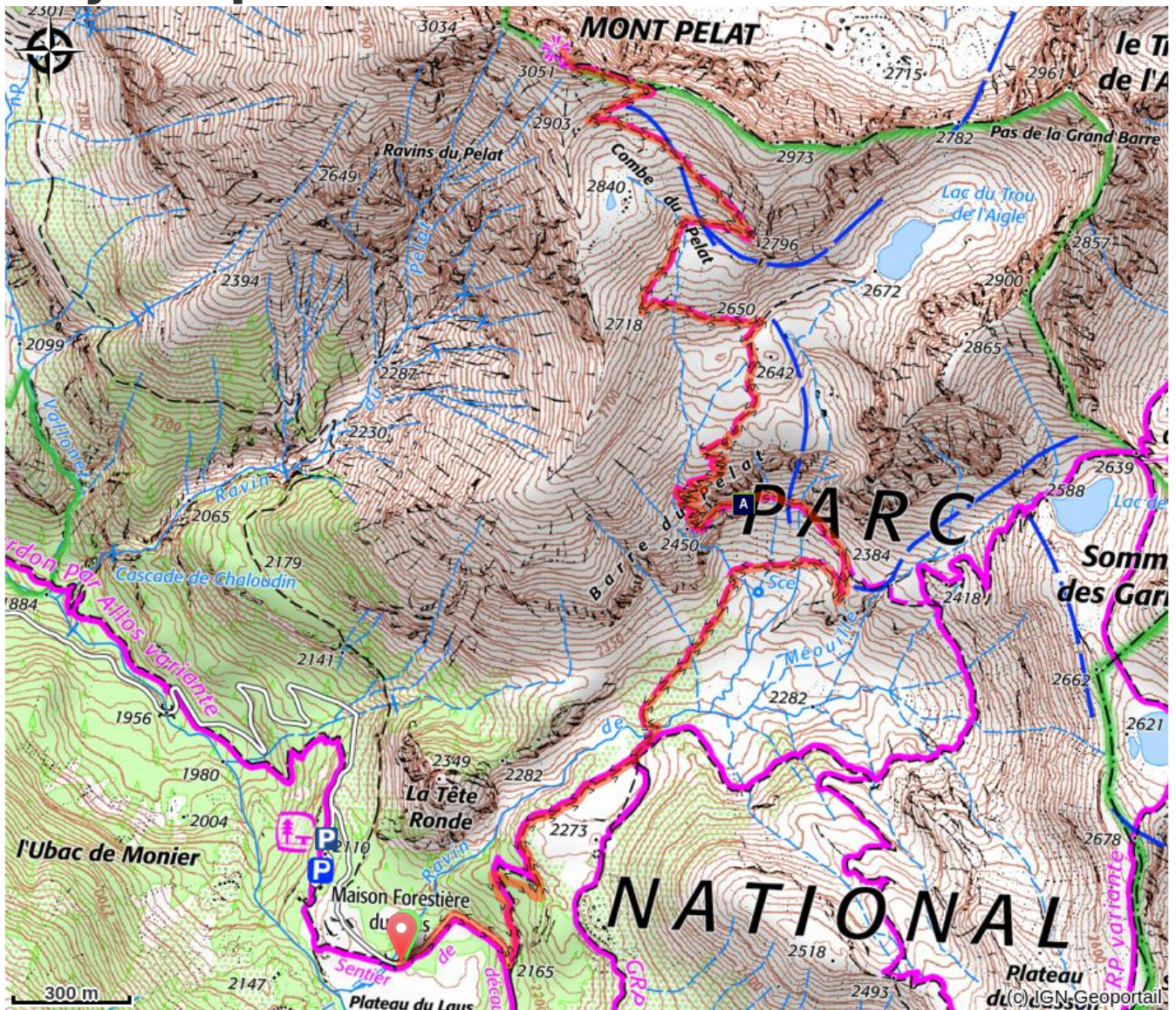
Take the track which leads to the lake. On the left, a path with red and white markers heads towards the Plateau de Méouilles. When you reach the far edge of the latter, again on the left, a path with yellow markers heads up to tackle Mont Pelat, one of the "3000 club" of the Mercantour range.

It climbs up gullied slopes and the screes here are an ideal habitat for certain species of bird which live on the mountain all year round.

The end at the summit, somewhat airy, provides a magnificent panoramic view over the lake and the Tours du Lac below and over the surrounding Alps.

If you feel like it, add a stone to the cairn that hikers have built on the summit.

On your path...



 Mountain hare (*Lepus timidus*) (A)

All useful information

Is in the midst of the park

The national park is an unrestricted natural area but subjected to regulations which must be known by all visitors.

How to come ?

Transports

Free bus service in the Vall d'Allos (Transports Haut-Verdon Voyages): <http://ete.valdallos.com/transport-ecologique.html>

00 33 (0)4 92 83 95 81

Access

Laus carpark – Restricted access:

The road is open from 26th May to 15th October (according to a municipal bylaw) up to Laus carpark

- Pay and display carpark from 30th June to 26th August from 8.30am to 5.00pm (6€ per car and 2€ for motorbikes/scooter, approx. 180 parking spaces)

- free access before 8.30am and after 5.00pm

Information: 00 33 (0)4 92 83 72 68/00 33 (0)4 92 83 02 81

Advised parking

Laus carpark

Information desks

Office du tourisme du Val d'Allos

Place de la coopérative, 04260 Allos

info@valdallos.com

Tel : 04 92 83 02 81

<https://www.valdallos.com>

On your path...



Mountain hare (*Lepus timidus*) (A)

The Mountain hare is a species which is a relic from the glacial period. It has an immigration pattern which is similar to that of the rock ptarmigan. During the glacial periods of the quaternary era, this rodent left Siberia to come and colonise Europe.

When the glaciers shrank as the climate warmed up (10000 years ago), it found refuge in the Alps and Pyrenees. Due to the slow nature of the change, the species was able to adapt. Today it can be found in the arctic zones situated above the 60th parallel and in the mountains above 2000m altitude.

Attribution : BRETON François