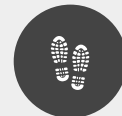


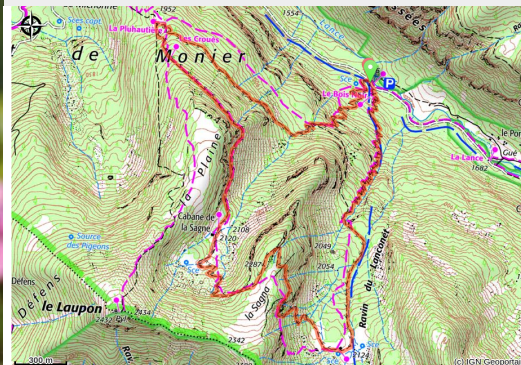


Forêt du Lançonnet

Vallée haut Verdon - Colmars



Rhododendron ferrugineux fleuri en gros plan en début d'été, (Rhododendron ferrugineum L.). (TOMASINELLI Francesco)



A walk through a larch forest, not far from the village of Colmars. The path crosses a former forestry area where Swiss pines have established themselves along with blueberry and raspberry bushes.

A hike through a variety of landscapes which cross different biotopes and a delightful winding river which goes through a marshy, boggy area.

Useful information

Practice : Hiking

Duration : 4 h

Length : 8.6 km

Trek ascent : 703 m

Difficulty : Medium

Type : Loop

Themes : Flora, Viewpoint

Trek

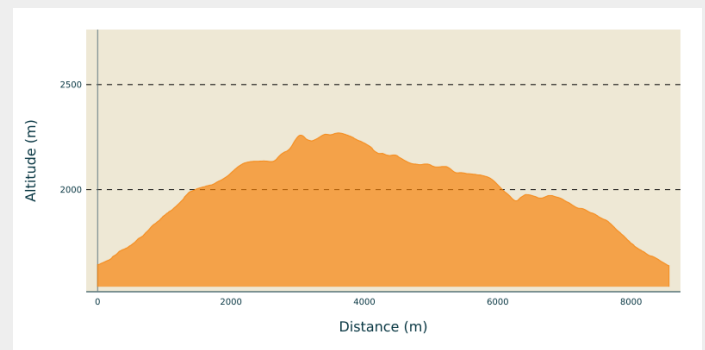
Departure : Colmars-les-alpes

Arrival : Colmars-les-Alpes

Markings :  PR

Cities : 1. Colmars

Altimetric profile



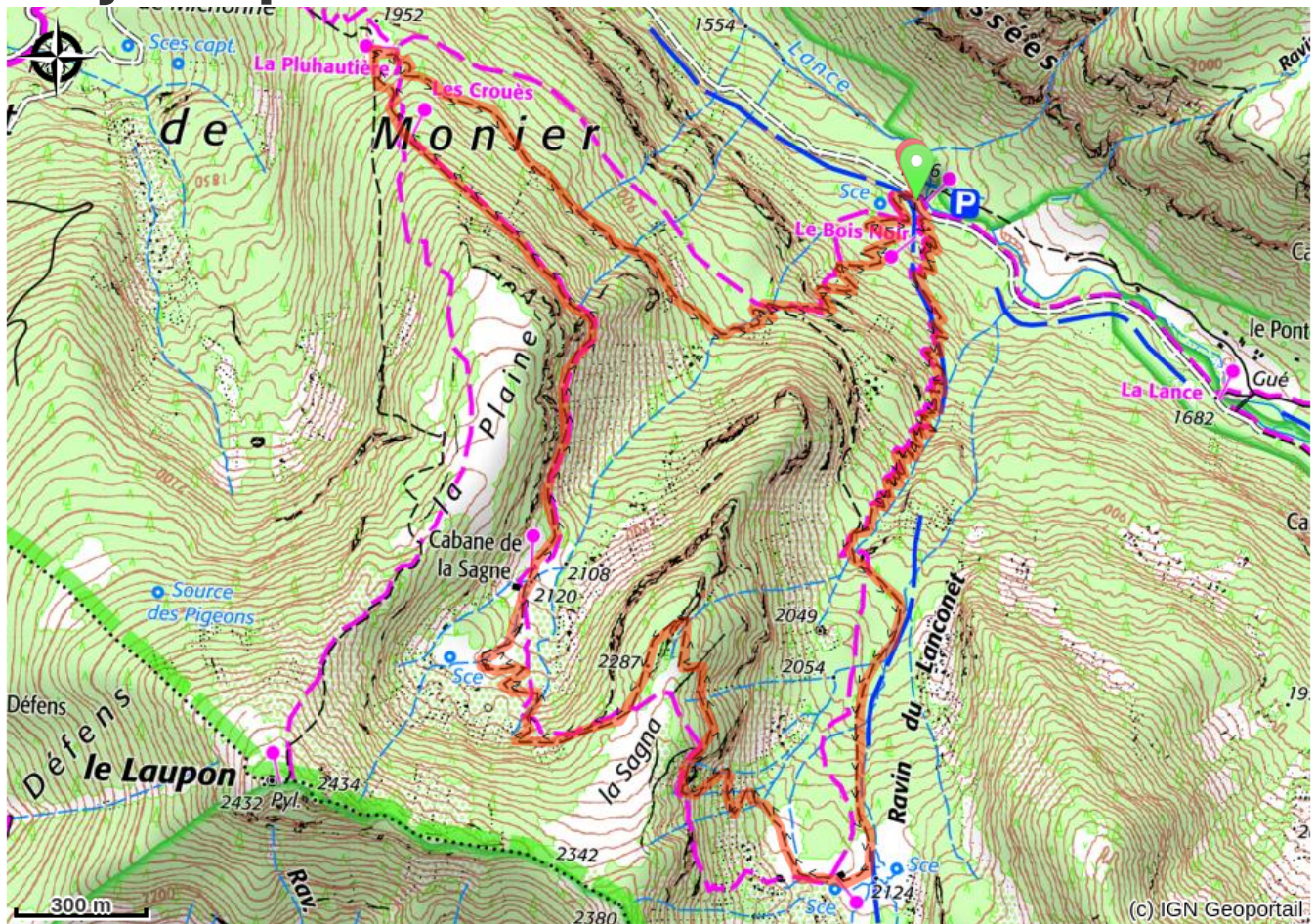
Min elevation 1638 m Max elevation 2270 m

At the first junction, head towards “Lançonnet”. AT the following junction, continue in the same direction: the path crosses a slab of sandstone and provides a view over the Lance Valley. The slope becomes less steep and crosses a former forestry area where Swiss pines have established themselves along with blueberry bushes and rhododendrons.

On the Lançonnet plateau, the path runs close to the pastoral hut before zigzagging up towards the ridge which separates the Lançonnet and Sagne valleys. The descent towards the Sagne hut is indicated by cairns.

After crossing under the rocky bars, the path leads to a junction - turn right to reach a clearing. This is where an old forest trail leads to a clearing which has been taken over by raspberry bushes. At its far end, a path featuring tight zigzags heads down towards the Lance and the carpark.

On your path...



All useful information

Advices

The Lançonnet forest path features blueberry and raspberry bushes and there is a limit of 1L per person if you want to pick the fruits. Please consult the Park's rules on fruit picking.

<http://www.mercantour.eu/index.php/actualites/actualites-recentes/886-une-nouvelle-reglementation-sur-la-cueillette-en-coeur-de-parc>

How to come ?

Transports

Lignes départementales dans les Alpes-de-Haute-Provence, Lignes régulières / hebdomadaires Digne-les-Bains, Barcelonnette, Larche et Digne-les-Bains, Colmars, Allos.

Service de navettes gratuites dans le Val d'Allos (Transports Haut-Verdon Voyages) : <https://www.valdallos.com/bus-station.html>

Access

When you leave Colmars, head towards Villars-Colmars, take the first road on your left towards "La Buissière" and then the 8km track to "Pont de la Serre-Lacs de Lignin".

Park your car in front of the gate and take the path which rises on the right into the larch forest which is interspersed with fir and spruce trees.

Information desks

Maison du Parc national du mercantour - La maison Valberganne

Rue Saint Jean, 06470 Valberg

varcians@mercantour-parcnational.fr

Tel : 04 93 02 58 23

<http://www.mercantour-parcnational.fr>

Office du tourisme de Guillaumes

25 Place de Provence, 06470 Guillaumes

guillaumestourisme@gmail.com

Tel : 04 93 05 57 76

<http://www.guillaumes.fr>

Verdon Tourisme - Bureau d'information touristique de Colmars-Les-Alpes

Ancienne auberge fleurie, 04370

Colmars les Alpes

colmarslesalpes@verdontourisme.com

Tel : 04 92 83 41 92

<http://www.verdontourisme.com>